

# POST OPERATIVE INSTRUCTIONS

## FOR BRIDGE



### **PLEASE READ THESE INSTRUCTIONS COMPLETELY AND CAREFULLY**

After the tooth has been prepared for a permanent crown, you will wear a temporary crown, usually for two weeks while your permanent one is being made for you.

It is not unusual to have some sensitivity around the gums for a couple of days. Warm salt water rinses should help with the healing.

If you are experiencing sensitivity to hot, cold, or pressure, your temporary crown may be sitting too high and will need to be adjusted. Please call our office right away to schedule an appointment. The adjustment should only take a few minutes.

Please do not wait as this may cause irritation to the gums and prolong placing the permanent crown.

#### **Chewing:**

Temporary crowns are not strong. They may break or come off. Do not chew on hard or sticky foods around this area. If it come off, call us and we will put it back in. If you are where you cannot come into the office, go to a pharmacy and purchase some Fixodent (denture adhesive). The denture adhesive should retain the temporary restoration until you can see us.

**DO NOT USE** superglue to cement the restoration.

It is best that you do not leave the temporary crown out of your mouth. Your tooth could shift and the final restorations may not fit. You may also experience sensitivity to hot and cold.

Certain foods will stick to the temporary restoration. This will not happen with the final restoration. The color, size and shape of the temporary crown does not resemble the final restoration.

#### **Permanent Crown:**

Mild sensitivity to hot, cold, or pressure is common but should disappear gradually over the next few days. You should contact our office if it last longer than a week. Your permanent crown may be sitting too high and you will need to make an appointment for an adjustment.

If you have further questions or persistent discomfort after your appointment, contact the office for instructions at 303-632-3622.