

POST OPERATIVE INSTRUCTIONS

IMPLANT SUPPORTED CROWN



PLEASE READ THE FOLLOWING INFORMATION AND INSTRUCTIONS COMPLETELY AND CAREFULLY

We have done our best to provide you with a well-fitted, functional, and esthetic implant prosthesis. We feel confident that you will adjust rapidly, and that you will have many years of satisfaction.

For the first several days, please chew more carefully than normal on your implant crown. We may need to adjust the bite on future appointments until the teeth are well balanced. After you have adjusted to the prosthesis, it should function in a similar manner to natural teeth.

Protecting your implant and implant crown: It is important to follow these recommendations to ensure their success.

Avoid using any tobacco products. Ideally, you should quit altogether because tobacco slows healing and increases the risk that your body will reject the implants. Tobacco is the leading cause of implant failure.

Avoid grinding and clenching your teeth because this can damage the implants and restorations. If grinding and clenching continue to be a problem, we may need to adjust the restorations or have you wear a night guard.

Cleaning the Implants and Prosthesis: The continuing success of the implants and prosthesis is up to you. For long-term success of your implant and implant crown, we recommend regular examination and cleaning of the teeth and prosthesis at least once every six months. You should clean the implant and implant crown daily, especially before bedtime.

Chewing and eating: If we used anesthetic during the procedure, avoid chewing until the numbness has worn off completely. To protect your implant and restoration, avoid chewing ice and other hard objects.

Brushing and flossing: Brush and floss around your implants thoroughly but gently. We may recommend special floss, mouth rinses, or other cleaning aids to keep the area free of bacteria. Brush and floss your gums and natural teeth normally.

Discomfort: To reduce discomfort or swelling, rinse your mouth with warm salt water, three times a day for two to three days. Use about one teaspoon of salt per glass of warm water. It is not unusual for your gums to be sore and swollen for a few days.

If you have further questions or persistent discomfort after your appointment, contact the office for instructions at 303-632-3622.

When to call us: At times the screw holding the restoration may become loose or your bite may feel uneven. Please call us so we can adjust them.